

## **FSA Accounts**

Carrier: Connect Your Care  
[www.connectyourcare.com](http://www.connectyourcare.com)

Customer Service: 1-410-891-1000

### **Medical FSA Account**

Employees can elect to have pre-tax contributions taken from payroll to help pay for out-of-pocket medical, dental and vision expenses such as:

- Co-payments and deductibles
- Vision exams, eyeglasses, contacts and laser correction surgery
- Hearing exams and aids
- Dental exams and services
- Prescription drug copayments

**FSA Annual Max:** \$2,600

With this benefit you will receive a healthcare payment card that provides a convenient way to pay for qualified medical expenses. You will also have access to a member website [www.connectyourcare.com](http://www.connectyourcare.com) where you can manage your account and access health information and claims data.

The advantages offered by this benefit include:

- Healthcare account(s) to pay for qualified medical expenses
- Healthcare payment card for easy access to account funds
- Online CDH Portal that puts account and health information at your fingertips
- Advanced claim processing system that minimizes the need for receipts, decreasing the time for reimbursements

### **Dependent Care FSA Account**

Employees can put aside pre-tax contributions for out-of-pocket expenses related to care of eligible dependents. Some expenses include, but are not limited to:

- Day care and nursery schools
- Babysitting during working hours
- Adult and/or elder care

**Annual Max:** \$5,000

### **Important FSA Rules**

- Per IRS regulations, elections for Medical and Dependent Care FSA accounts must occur prior to December 31<sup>st</sup> of each year or no later than the last day you become eligible to participate.
- After your election into the FSA account, changes cannot be made without an approved qualifying event.
- Funds remaining in the Medical and Dependent care account at the end of the year are subject to forfeiture if claims have not been submitted for services received within the plan year.